



www.greatscottishwalk.com



GREAT SCOTTISH WALK



SUNDAY | 8th JUNE 2006

CONGRATULATIONS and A huge Thank you to our wonderful walkers:

Derek Houliston
Lynda Reid
Alison Talbot
Shirley Robertson
Peter Talbot
Jacqueline McDonald
Jacqueline Rigby
Jo Carberry
Brian Rigby
Carrie Hain
Karin Anderson

Kirsten Gibbs
Diane Sanii
Marion Green
Lyndsay Williams
Alison Glover
Karen Matthews
Jocelyn Brown
Rory Harper
Helen Arthurs
Caitlin Mitchard
Ciara Millar
Lindsey Swinney

Jennifer Thomas
Trish Sihe
Claire Anderson
Cheryl Newell
Zoe Williamson
Fiona Smart
Karen Mackie
George Preston
Elaine Devline
Leigh Lyns
Catriona Robertson

SIMPSONS SPECIAL CARE BABIES



And afterwards: "I can't believe I DID it" But as our pictures show—they were there and they did indeed WALK THE Great Scottish WALK 2006.

Special points of interest:

- 📖 Celebrate with our walkers
- 📖 SSCB Christmas cards
- 📖 2007 Fans Football Match
- 📖 Trolley keyring—our latest item of merchandise



The Great Scottish Walk 2006

The walk took place on a not-so-nice Sunday, with over 8,000 people taking part, raising funds for their respective charities. We had 48 walkers who nominated us as their chosen charity - 10 taking part in the 6 mile walk and 38 doing the full 12 mile walk, of which I was one.

Our Secretary, Gill Mitchell, met as many of us as she could at the start to give us final words of encouragement, and to capture us on her camera. I'll

hope-
t h e
f r o m
g e t
o n l i n e
A f t e r
f r o m
b a n k
t o
P a r k,
b y
t h e
1 2
g o t u n-



a n d
t h o u-

ple headed around Queens Drive in Holyrood Park anticlockwise in dry but overcast conditions. Unfortunately, the weather forecasters got it right as this only lasted about 20 minutes and it started to drizzle. Then it got a bit heavier. Then heavier still until it was pouring down! At least it helped keep us cool. This lasted for about 1½ hours and then thankfully it faired up, and we managed to dry out again.

All the walkers were still in good spirits and enjoying the occasion despite the weather. The route took us a full circuit (and a bit!) of Queens Drive, up through the Cowgate, Grassmarket, King's Stables Road, Princes Street Gardens West, The Mound, Market Street, East Market Street, New Street, Calton Road, Calton Hill, Waterloo Place, Regent Road, Carlton Terrace, Royal Terrace, London Road, Leith Walk, Great Junction Street, Henderson Street, Sandport Place, Dock Street, Dock Place in Leith Docks, through Leith Docks emerging at The Shore to Bernard Street, Constitution Street, Queen Charlotte Street, Links Place, across Leith Links to Vanburgh Place, Easter Road, St Clair Street, Hawkhill Avenue, Lochend Road South, Marionville Road, Wishaw Terrace and fi-

nally entering Meadowbank Stadium via the marathon gate to the finish. Believe me, it FELT more than 12 miles!

The 6 mile walk got underway at about 11.20am and the route also started in Holyrood Park, into Holyrood Palace via the southern-most gates, around the fountain & departing via the gates at the south-west corner, up part of Queens Drive and then doubling back down again and following the 12 mile route until East Market Street. It then headed down the Royal Mile and back to Meadowbank Stadium via Holyrood Park again (at least I think it did as I was on the 12 mile walk).

Plenty of water stops were provided en route, with entertainment from fiddlers, jazz bands, and mobile discos to keep us going. Of course, you could stop for a "pit stop" in any of the "hostelries" on the route as well if you wanted to - I am glad to say I managed to keep myself going and resist the temptation!

I eventually reached the finish line after what seemed an eternity - 3 hours and 46 minutes, and in 394th place in the mens event (yes it is me - they spelt my name wrong!). I was a little disappointed as I hoped for quicker, but it's not bad out of 659 in the mens event. Happily, I was also blister free, albeit a little sore. That evening and Monday I was more than a little sore! If I do it again I MUST do some practise walks - zero exercise to 12 mile walk is not advisable, as I found out the hard way!!!

Despite my aches and pains, I can say I did enjoy the experience, and I won't rule it out for next year. It's not quite a promise to do it, but maybe ... For more information on the walk, including including route maps and the results, visit the Great Scottish Walk website.

Derek Houlston
Webmaster



Jambos versus Hibs—8 April 2007

A date for your diary when this derby game for "The Festival Inns Charity Cup" kicks off at Easter Road.

It all started in September 2005 with a great idea to have a kick about between the "finest XI players that could be mustered up between the supporters and members of Jambo's Kick-back and Hibs.net" (both internet sites for fans) by Steve Jones. He approached and got agreement to use Tynecastle as the venue, then this "humble little idea, grew arms and legs" and so a day to remember was being worked towards. Coaches began to train and hone the potential players in November 2005 in Steve says "some terrible winter conditions". The game was a great success for the players who trained and dedicated so much time and effort, for the

spectators and for the Sick Kids Foundation who were the nominated charity for 2005.

In 2007 the charity to benefit from the game will be **Simpsons Special Care Babies**. The website for the game is www.edinburghcharitygame.co.uk. There will be fundraising events prior to the game and one is a Race Night being held on Saturday 3 March 2007 at 7.30pm at Orwell Lodge, Polwarth Terrace, Edinburgh. Visit the above website and contact sharon_moncrieff@edinburghcharitygame.co.uk for more information.

Scott Moncrieff is the link between the organisers and SSCB and I know they would love to have your help. Contact him on the website to offer help.

"Hibs fans are looking for revenge" - go and support your charity and your local teams in April.



This is our SSCB trolley keyring which has been selling for a short time now at just £1. Give it as a gift or keep it yourself because there will always be a time when a pound will be needed for a trolley and this will be on your keyring. SSCB committee hope you like it. We have had them on the SSCB Christmas card leaflet and they have sold well.

If we needed any other reason to support the Neonatal

Unit than each of us has, then the following is a small extract from an article :

Professor Fitzgerald added: "The importance of this is clear. The UK has the highest rate of low birth-weight babies in Western Europe; 12% all babies born need some level of special care at birth (~ 80,000 per annum) and 2.5% need neonatal intensive care (~ 17,000 per annum).

Where these statistics came from and why Western Europe has this is not known to me. I am just glad we are all doing something to support the babies.

Cuikenburn Nursery School



The children of Cuikenburn Nursery, Penicuik were involved in a sponsored games day at the end of last term. The children were sponsored for Simpsons Special Care Babies and they and their parents have probably raised over £1,500 to support the Neonatal Unit. Many parents helped with the day.

Ann Affleck said "the sun shone and the kids had a ball"

An Astounding amount to raise. We send our sincere thanks.

SIMPSONS SPECIAL CARE BABIES

COMMITTEE;

Chair: Jennifer Houliston
Deputy Chair: Callie Fraser
Secretary: Gill Mitchell
Treasurer: Caroline Lismore-Kerr
Newsletter secretary: Paula-Anne Ford

Webmaster: Derek Houliston

Ordinary Members:

Susan McLean, Jenny Wood, Derek Houliston,
Jackie Rigby, Alison Talbot, Callie Fraser,
Sandy Weir, Angela Cook

Phone: 0131 242 2567

E-mail: info@sscb.org

Remember we're on the
Web
www.sscb.org

WANTED: You as a Guest Speaker?:

Jean Sime (Secretary) of The Women's Institute of North Berwick has invited a member of Simpsons Special Care Babies to be the Guest Speaker on the evening of Monday 19 March 2007. The venue is The Hope Rooms, Forth Street North Berwick.

Could you help to spread the message about Simpsons Special Care Babies and speak to this group of ladies? The charity has some "props" however talking through your experiences, of your child and about how you felt and feel is direct and emotive.

Please consider taking up this opportunity and helping to inform more people about Simpsons Special Care Babies and the work of the Neonatal Unit.

Contact Gill about this: 0131 242 2567

Our Thank you's

Grateful thanks go to members of Gorgie Mills Bowling Club who held an Invitation Pairs competition recently. They decided to donate to a charity from the day and we were chosen. Bill Garden secretary to the club brought £280 from the bowlers and said "a lot of the prize money disappeared to you"!

Our Treasurer Caroline was welcomed at Maitland Bowling Club for the presentation of a cheque for £450. The Ladies Section raised this during a charity fundraising match day. Here is Caroline (2nd from the right front row) with members of the Ladies Section and President Mrs Johnson. Mrs Johnson's grandchildren were in NNU.



And finally : 2006 Christmas cards

Time and events have overtaken the original piece written to tell you about the cards. Now in the run up to Christmas you will know that our cards are sold out. This is terrific and came about through your support and actions. Thank you.

The sub-committee will be choosing the 2007 cards in early January – choosing from over 300 samples with enjoyable and focused discussion. Lorraine, Colin and Gill hope you will approve of their choices and that you will "luv 'em". Although it is early, we are keen to have your help. If you can help with

organising,

- sorting and packing orders,
- give suggestions for placement of our flyers,

■ can take some flyers for distribution in your area/work,

It would be wonderful. Get in contact with Gill (info@sscb.org) any time to discuss.

Feedback from you is always welcome. Please use the above e-mail address.

Penguin sparkles



Watchful sheep



Santa's delivery

Winter Village Scene



Happy Christmas from all your committee and lets have a great 2007 supporting the babies.