



# Baby Dolls

Knitted in stocking stitch

In recognition of all the babies born prematurely all over the world, we have a delightful first baby doll pattern for you to knit.

We would ask that you use yarn in a variety of skin tones and a complementary colour for the hat and bodysuit.

The head and body are knitted in one piece and it is softly filled with polyester stuffing. There should be no additional adornments such as buttons and all sewing up should be fastened off securely.

## Requirements

Please use new yarn and 100% polyester filling.

While we appreciate that knitters have different abilities and as these are gifts for babies and families who have gone through so much, we would appreciate a high quality of knitting and sewing up.

All sewing **MUST** be fastened securely.

## Post to us

Please enclose with your package your name, email address and/or home address with the quantity made. This will allow us to contact you with our thanks:

Simpsons Special Care Babies  
PO Box 12258  
North West DO  
Comely Bank Road  
Edinburgh EH4 1YB

## Knitted in stocking stitch, what you will need:

### Materials

DK yarn in a skin tone  
DK yarn for the suit and hat  
(You can knit 2 colours, one for contrast)  
3.25 knitting needles  
Polyester filling  
A wool or tapestry needle  
Small amount of black and pale pink yarn for eyes and mouth

### Body & Head

Using the skin tone yarn, cast on 20 sts  
Knit 1 row  
Next row ; increase in every stitch (40 sts)  
Work 21 rows in stocking stitch (1 row knit, 1 row purl)  
Change colour  
Work 30 rows in stocking stitch  
Next row  
\*K2 K2 tog repeat from \* to end ( 30 sts)  
Next and alternate rows purl  
Next row  
\*K1 K2 tog repeat from \* to end ( 20 sts)  
Next row  
\*K2 tog, repeat from \* to end ( 10 sts)  
Purl 1 row and draw up  
With right sides together, sew back seam to top of head, changing colour when you get to head  
Fill softly  
Gather up the cast on edge and finish securely  
At neck, wind yarn round 3 times and fasten securely

### Arms (make 2)

Cast on 16 sts in body colour  
Work 11 rows in stocking stitch  
Change to skin colour  
Work 6 rows  
Next row \*K 2tog, repeat from \* ( 8 sts)  
Draw up stitches and sew seam  
Stretch before filling softly, gather up cast on edge, sew at side close to neck and secure at wrist to side of body

### Hat

Cast on 40 sts  
Work 4 rows in garter stitch  
Work 14 rows in stocking stitch  
Next row \* K2, K2 tog repeat to end of row ( 30 sts)  
Next and alt rows purl  
Next row \* K1,K2 tog repeat to end of row ( 20 sts)  
Next row \*K 2 tog, repeat from \* to end of row ( 10 sts)  
Work 6 rows in stocking stitch  
Draw up stitches, sew seam, stuff pom-pom and wind yarn round pom-pom to secure  
Do not sew hat on at this stage

## Scarf

Cast on 40 sts

Knit 2 rows in garter stitch

Cast off

Stretch to cover neck edge at front and diagonally to wrist, sew securely at both ends

Sew securely at both ends and length of scarf

## Face

Put hat on. With pins, put one midway between hat and neck for nose

Put 2 pins either side of nose for eyes and one pin to mark mouth position

Remove hat

With a large length of skin tone, secure at top of head, work 3 satin stitches for nose, secure at top of head

With a large length of yarn start a top of head with a knot and a back stitch, sew through head to eye position and make one stitch, thread back through head and pull. This makes an indentation for the eye socket. Repeat for other eye.

With a pale pink yarn, sew 2 satin stitches for mouth making sure not to pull tight. Fasten at top of head.

With black yarn sew French Knots for eyes, going in through top of head.

Put hat on with a little filling and sew to head round brim.

## To make up

You can watch our time lapse video on our website.

[sscb.org/knitting](http://sscb.org/knitting)