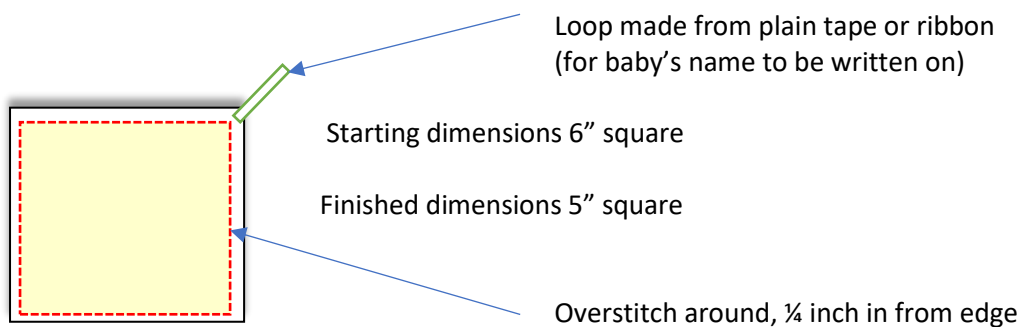




Official Charity supporting the Simpson Neonatal Unit Edinburgh

BONDING SQUARES FOR THE SIMPSON NEONATAL UNIT

Bonding Squares Pattern



Materials:

Cotton, fleece, brushed cotton, jersey, or polycotton, cut into 6 inch squares – either plain or patterned fabric, and able to be washed on a hot wash.

Plain seam tape or ribbon, cut into 4 inch strips

Each finished square requires one cotton/polycotton square and one fleece or soft fabric square, and one 4inch strip of ribbon or tape.

- Cut two squares and stitch on wrong side, $\frac{1}{2}$ inch in from edge – leave gap for turning out.
- Turn to right side, insert a 2 inch loop of ribbon or tape on which the baby's name can be written, and close gap.
- Overstitch all the way around finished shape, $\frac{1}{4}$ inch in from edge.
- No padding is required.

Each set comprises two finished squares with name tag (loop) – one square stays with baby and one goes home with mum, and these are swapped over every 12 hours or so. Thus, mum carries a scent of her baby close to her skin, and baby has a scent of mum close by in its cot or incubator.

If you are unable to find enough people willing to make the squares, please just gather the donated fabric together and send it to Simpsons Special Care Babies – we have some people who would be willing to sew the squares for us.

If you are unable to source the fabric yourselves, then perhaps you could ask people to donate some money to enable SSCB to buy some fabrics.

For further information please contact Virginia Russell, SSCB Secretary: info@sscb.org Tel: 07786 751860